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[Ella](#)

Ella von EllaVate Wellness vor 2 Jahren 6 Minuten, 26 Sekunden 557 Aufrufe Need help passing the , AFAA , GFI exam? View my tutorial and take a look my notes!

[Start Your Career With AFAA](#)

Start Your Career With AFAA von American Fitness vor 5 Jahren 1 Minute, 44 Sekunden 91 Aufrufe Here what , fitness , professionals have to say about the importance of a practical exam before you enter into a career as a personal ...

[VLOG #4 How to pass the AFAA exam](#)

VLOG #4 How to pass the AFAA exam von Audrene lopez vor 4 Jahren 3 Minuten, 25 Sekunden 1.827 Aufrufe VLOG #4 How to pass the , AFAA , exam Link to the , practice , test: ...

[How I Passed AFAA's Group Exercise Exam!](#)

How I Passed AFAA's Group Exercise Exam! von DenniesJourney vor 4 Jahren 11 Minuten, 23 Sekunden 5.079 Aufrufe Hey y'all, In this video, I

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talk about my experience with , AFAA's , Group Exercise Exam.
Disclaimer: what I talk about in reference to ...

[AFAA Exam Study Guide - Assisting Touch](#)

AFAA Exam Study Guide - Assisting Touch von Mometrix Test Preparation vor 8 Jahren 2 Minuten, 32 Sekunden 10.161 Aufrufe <http://www.afaasecrets.com> Relying on the right study materials is absolutely essential for success on the , AFAA , test. What you see ...

[Qualify as an Exercise to Music Fitness Instructor with YBFit Training](#)

Qualify as an Exercise to Music Fitness Instructor with YBFit Training von YBFit Training vor 6 Jahren 54 Sekunden 267 Aufrufe The CYQ certificate in exercise to music allows you to teach a wide range of , fitness , classes as a freelance instructor or in a health ...

[Daily Undulating Programming | How To Programme Your Training With Reps, Volume and Intensity](#)

Daily Undulating Programming | How To Programme Your Training With Reps, Volume and Intensity von Personal Trainer Collective vor 3 Jahren 4 Minuten, 49 Sekunden 21.789 Aufrufe In this video, Mike Zourdos goes into Daily Undulating Programming and how you can implement different Rep ranges, Volume ...

[Caroline P. - _____ \(aqua-aerobic\) DANCE](#)

Caroline P. - _____ (aqua-aerobic) DANCE von Kirill Merzliakov vor 3 Jahren 29 Minuten 344.312 Aufrufe Caroline (UK), AFT (Aqua Convention in Moscow 2012)

[HOW TO BECOME A GROUP FITNESS INSTRUCTOR | WHAT TO BECOME CERTIFIED IN?](#)

HOW TO BECOME A GROUP FITNESS INSTRUCTOR | WHAT TO BECOME CERTIFIED IN? von GlowBeautyWellness vor 1 Jahr 13 Minuten, 34 Sekunden 2.074 Aufrufe Hello!!! I hope that this video helps the person who commented regarding this subject as well as others that wish to become a ...

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[Top 5 Foods to Increase Athletic Performance](#)

Top 5 Foods to Increase Athletic Performance von Dr. Josh Axe vor 5 Jahren 3 Minuten, 14 Sekunden 128.622 Aufrufe For more info: ...

[3 Secret Tips to being a GREAT Group Exercise Instructor](#)

3 Secret Tips to being a GREAT Group Exercise Instructor von Katy Meuer vor 6 Jahren 6 Minuten, 17 Sekunden 37.681 Aufrufe As a group , fitness , instrcutor myself and master trainer, I know there is a lot more that goes into being not just a good instrcutor, but ...

[Industry Presented Webinar: Optimal Recovery Practical Recommendations for the Recreational Athlete](#)

Industry Presented Webinar: Optimal Recovery Practical Recommendations for the Recreational Athlete von ACSM vor 4 Jahren 52 Minuten 2.304 Aufrufe Trained athletes understand that optimal recovery from strenuous exercise can help maximize performance and minimize injury ...

[AQX Aqua Instructor Certification Video](#)

AQX Aqua Instructor Certification Video von Gryphon Recreation vor 3 Jahren 31 Sekunden 335 Aufrufe Friday, Saturday \u0026 Sunday - May 5,6,7,26,27,28/17 Friday's 5-9pm, Sat \u0026 Sun 9am-6pm | \$435 (16369) - hyper link in below row ...

[CFECP- Episode W- Ways to Make Healthy Eating Exciting, Delicious](#)

CFECP- Episode W- Ways to Make Healthy Eating Exciting, Delicious von CrossFit Edwardsville vor 2 Wochen 1 Stunde, 1 Minute 7 Aufrufe

[How To: Group Fitness Instructor - AFAA Certified](#)

How To: Group Fitness Instructor - AFAA Certified von TheUnfrumpyMommyLife vor 7 Jahren 17 Minuten 24.237 Aufrufe Guess which Stay At Home Mommy is now a , Fitness , Instructor??? You guessed it-- MEEEEEE!!! lol!!! I've just received my scores ...

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